

Here at Sacred Heart, we firmly believe all students enrolled, and any child visiting, have the right to feel safe and be safe in all school environments and outside of school hours. The wellbeing of children in our care will always be our first priority and we have zero tolerance to child abuse. We aim to create a child safe and child friendly environment where children feel safe and are free to enjoy life to the full without any concern for their safety.

Pastoral Wellbeing Policy

Identity Statement:

'An active learning community working in partnership with families, inspiring strength through faith and love'

Vision Statements:

At Sacred Heart School we believe:

- In celebrating our Catholic Faith in a life-giving community of witnesses who serve God and society
- In fostering open and supportive relationships with families as the primary educators of their children
- In educating the whole child in a learning environment where teamwork and collaboration are central, so that each child becomes a valuable contributor to society
- In providing a curriculum, which cultivates effective lifelong learners through commitment to inform, current teaching and learning practice
- In building relationships based upon mutual respect, trust and care in an environment of justice, equality, compassion and hope

Graduate Outcomes:

At Sacred Heart School we seek to educate students to:

- Be inspired by Christ
- Live an active and healthy lifestyle
- Be discerning and adaptable lifelong learners in a contemporary world
- Have a social conscience and respect for life, self, others and the environment
- Be optimistic, resilient and confident to take their own path and reach their potential
- Have the ability to work as an individual, and as part of a team

Aims:

- To affirm each person's dignity and worth
- To ensure the emotional, social and mental health of each individual is valued and nurtured
- To create a safe, positive, supportive school environment and culture that will promote healthy risk taking and enable all community members to achieve their goals
- To foster and nurture a healthy, pro-active community
- To empower individuals with strategies that will enable them to deal with life's challenges

Beliefs:

1. The mental, physical and emotional wellbeing of young people are essential pre-conditions for successful learning. These qualities cannot be developed for individuals in isolation from the health and wellbeing of the school community as a whole
2. Communities that are well are creative in what they attempt to achieve and have a strong sense of potential
3. By focusing on the whole school population not only individuals, all members' health and wellbeing is nurtured
4. Wellness develops from inside the community and cannot be imposed from outside the community
5. Wellbeing is an invitation to personal responsibility for all members of the community, both adults and children

Agreed Practices:

- The Resilience, Rights and Respectful Relationships learning framework is taught explicitly each year

- Student referrals to the Wellbeing Officer are submitted through the Wellbeing Consent Form link on SIMON. Referrals are collated and considered by the Wellbeing Team, led by the Wellbeing Leader.
- Individual and small group interventions are led by the Wellbeing Officer
- Proactive initiatives such as Sewing Club and Men's Shed aim at increasing the social and emotional wellbeing of students take place weekly and are led by the Wellbeing Officer in conjunction with support from classroom teachers
- All staff have the capacity and are expected to actively model positive wellbeing behaviours at all times

